Coaching in COPCA: a promising method to enhance family participation and motor development of infants with special needs

Akhbari Ziegler S.¹, Hadders-Algra M.²

¹Zurich University of Applied Sciences ZHAW, School of Health Professions, Institute of Physical therapy, Winterthur, Switzerland
²University of Groningen, University Medical Center Groningen, Department of Pediatrics, Division of Developmental Neurology, Groningen, The Netherlands

Contact: akhb@zhaw.ch
Zurich University of Applied Sciences, School of Health Professions, Institute of Physiotherapy, Technikumstrasse 71, 8401 Winterthur, Switzerland

Conflict of Interest statement
The authors declare no conflict of interest.

Possible effects of coaching in COPCA:
Enhance caregiver engagement, high dosing, enhance self-determination and self-efficacy, enhance caregivers knowledge, increase family participation, improve motor development of the infant