CONDUCTIVE EDUCATION AT CEC DU GARD
Family centred reeducation system with a holistic approach?

Dr F GRAU COPPIETERS, physician coordinator, J PAZMANY, rehabilitation specialist in Conductive Education, Centre d’Education Conductive du Gard, Clarenzac, France, asso.cec30@gmail.com

FOCUS ON CONDUCTIVE EDUCATION

Conductive Education is a comprehensive learning-based rehabilitation method for adults and children with motor disabilities with neurological origin who have a good understanding of simple instructions (CP, stroke, global development delay with neurological involvement ...)

The global and complex program, carried out in groups, covers the whole field of development of the child: gross and fine motor skills, language, school and cognitive learning, daily autonomy (toileting, meals ...), social skills. This program, positive and rewarding for the child, is built and led by a rehabilitation specialist in conductive education or conductor (Master2). Parents have a primary place in the conductive education answering to specific needs without giving up schooling in ordinary environment. This is a perfect response to current deinstitutionalisation recommendations.

SHARED SCHOOLING

When possible, regular schooling is preferred. The CEC completes the welcome time and if possible works in partnership with the educational team. The gain of independence of the child facilitates the inclusion and the exchanges allow a rise in competence of the two teams.

This innovative approach in France makes it possible to benefit from a specialized education answering to specific needs without giving up schooling in ordinary environment. This is a perfect response to current deinstitutionalisation recommendations.

PARENTAL INITIATIVE, USER’S INVOLVEMENT

The CEC Gard was founded by Dr. Grau, following her experience of Conductive Education with her son with disabilities. CEC is a family association, based both on the volunteer of its director-physician and on the involvement of families in the development of the structure and its project establishment.

Since 2015, we welcome children from all over France.
- 60% CP, 40% with genetic pathology or without diagnosis
- With severe motor impairments
- 85% complete regular sessions, 15% of the children per year in shared schooling
- 60% of orientation between families, 40% by professionals
- Non recognition as a medical-social institution.

SOME NUMBERS

UNIQUENESS OF THE CE PROGRAM:

- Holistic program
- Parents’ place
- Group
- The child adapts to his environment
- A unique profession: conductor
- Desinstitutionalisation

PARENTS’ COACHING

At the heart of the school project, in the current recommendations +++
- Accompany parents to a better understanding of their child and the techniques to put in place.
- Facilitate everyday life at home and increase the effects of reeducation
- Enhance and reinforce parents’ skills to better adjust to disability
- Promote a space for communication between parents.

HOLISTIC PROGRAM BASED ON CONDUCTIVE EDUCATION

We welcome children with motor disabilities from the age of 1 year. We have 2 groups of children according to their age, their needs and their stamina.

We offer a modular welcome :
• All-year round full time
• All-year part-time shared with the school (always preferred if possible)
• Internships (the majority of families from all over France make this choice). The program from Monday to Friday, from 8:30 am to 4:30 pm for older children and from 8:30 am to 1 pm for the beginners or the younger children, covers all areas of development.

The program is carried out in small groups of 6 to 8 children with several breaks and naps. Main meal is taken at the CEC with special attention to learn self-feeding. The group gives a very motivating educational framework.

PRIVATE CONDUCTIVE EDUCATION CENTERS

Conductive Education was designed by Dr. Andras Petö, Hungarian pediatrician. After it started to develop everywhere but particularly in northern Europe and the USA.

The University Conductor Training Course is available in Hungary at the Petö Institute, the cradle of Conductive Education, in England and the USA; Conductor training is global and transversal, it covers all areas of child development: motor skills, neurology, language, school learning, psychology ... The conductor will be able to build a complex program of learning.

The principles of Conductive Education are based on active learning with positive reinforcement of acquisitions using brain plasticity which allows new learning despite brain damage.

In France, there are 7 Conductive Education centers, all founded by families and working with fully trained conductor teachers.